

WELCOME YOUTHLINC

We are excited to help you prepare for your international adventure.

These appointments are “speedy” because there are hundreds of you. So- to be as effective as possible we need everybody to understand the flow.

1) Go online to <http://www.travelmdus.org/> and do the following:

-Scroll down to the bottom of the page, **click on the U. Utah Hospital** and fill out the questionnaire. (Note that if you don't click on U. Utah Hospital, we will not receive the information and you will need to refill it out)

When the form is submitted it will give you a confirmation number – YOU MUST HAVE THIS NUMBER TO MAKE AN APPOINTMENT.

2) Call 801-581-2898 and let the scheduler know you are calling to make a Youthlinc Appointment. They will not make the appointment if you do not have the form #.
DO NOT USE the Youthlinc button on our website.

3) WATCH the videos found on our website <https://healthcare.utah.edu/travel-clinic> BEFORE coming to your appointment.

4). DO NOT SHOW UP WITHOUT AN APPOINTMENT. Our front desk staff do not make appointments and you will be turned away.

Any questions or issues ? You can always MyChart message us in Pretravel clinic or email us at travel.clinc@hsc.utah.edu

We appreciate your patience during the process.

HAPPY TRAVELS

Immunization Recommendations

If you have medical insurance, **you** need to contact them and find out which vaccines are covered and if University Healthcare is in your network (please see page 3 for codes and prices). Below is a list of travel immunizations you **may** be receiving at your visit.

Everybody should be up to date on their routine vaccines:

Because of good vaccine coverage of children in the United States, some of the diseases prevented by routine vaccines rarely occur here. However, these diseases can be much more common in other countries, even in areas where you wouldn't normally worry about travel-related illnesses. Being up-to-date on your routine vaccines will give you the best protection against these illnesses.

What vaccines you need depends on your age, health, and what vaccines you have already had. For most adults who received all their recommended vaccines as children, only a yearly flu vaccine and a tetanus booster every 10 years are needed. If you did not receive all your vaccines as a child or if you can't remember, we may recommend getting them again just to be safe. We will discuss this in more detail during your visit about what's best for you.

- Tdap/Td- tetanus, diphtheria, and pertussis (whooping cough) is good for ten years, but for international travel it is typically recommended to receive it every 7 years. Tdap vaccine is preferred.
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- MMR- measles, mumps, and rubella is a two shot series and is good for life.
- Chicken Pox- either had the disease or a two shot varicella series which is good for life.
- Influenza- recommended to receive a yearly flu shot as the influenza virus rapidly changes.
- Polio- childhood polio shots (4 or 5)

Additional travel vaccines you may be receiving at your visit:

- Typhoid immunization
 - The injectable typhoid immunization is good for two years and the oral typhoid immunization is good for five years
 - You can get typhoid through contaminated food or water. This vaccine is recommended for most travelers, especially if you are staying with friends or relatives, visiting smaller cities or rural areas, or if you are an adventurous eater.

- Hepatitis A immunization
 - Hepatitis A immunization is a two shot series. The second dose is recommended six months after the first dose. After receiving the second dose, it is good for life. Note: you do not have to receive the second dose before traveling.
 - You can get hepatitis A through contaminated food or water, regardless of where you are eating and staying.

- Hepatitis B immunization
 - Hepatitis B immunization is a three shot series. The second dose is given a month after the first dose and the third dose is recommended five months after the second dose. After receiving the third dose, it is good for life. Note: you do not have to receive the third dose before traveling.
 - You can get hepatitis B through sexual contact, contaminated needles, and blood products. This vaccine is recommended if you might have sex with a new partner, get a tattoo or piercing, or have any medical procedures.

- Hepatitis A/B immunization
 - Hepatitis A/B is a three shot series. The second dose is given a month after the first dose and the third dose is recommended five months after the second dose. After receiving the third dose, it is good for life. Note: you do not have to receive the third dose before traveling.

- Japanese Encephalitis ***South East Asia groups only***
 - Japanese Encephalitis is a two shot series. The second dose is given 7 days after the first dose. The immunization is good for two years.
 - You can get JE through the bite of an infected mosquito. You may need this vaccine if your trip will last more than a month, depending on where you are going and what time of year you are traveling. You should also consider this vaccine if you plan to visit rural areas or will be spending a lot of time outdoors, even for trips shorter than a month.

- Rabies Immunization
 - The Rabies pre-exposure schedule is three doses:
 - **Dose 1:** as appropriate, **Dose 2:** 7 days after dose 1, **Dose 3:** 21 days or 28 days after dose 3
 - The Rabies post-exposure schedule is four doses:
 - **Dose 1:** as soon as possible, **Dose 2:** 3 days after dose 1, **Dose 3:** 7 days after dose 2, **Dose 4:** 14 days after dose 3
 - The rabies virus is spread through the saliva of infected animals. Infected animals can spread the virus by biting another animal or a person. In rare cases, rabies can be spread when infected saliva gets into an open wound or the mucous membranes, such as the mouth or eyes.

- Yellow Fever immunization ***Peru and Kenya groups only***
 - The Yellow Fever vaccine is one injection and is good for life.
 - Yellow fever is a disease caused by a virus that is spread through mosquito bites.

- Malaria Prevention
 - Malaria is a disease spread through mosquito bites. Certain areas of the world are at risk for Malaria and you may need to take prescription before, during, and after your trip to prevent malaria. During the education session, we will discuss this in detail. If you are traveling to an at risk area, we will help you determine which malaria medication is right for you and that prescription will be sent to your preferred pharmacy.



Vaccines Prices and CPT Codes

Below is the list of our vaccine prices and codes. When calling your insurance company, give the company our TAX ID **#870473288** (to verify if we are in network) and the CPT code for each vaccine for verification of coverage. Please note if we are in network, the insurance company will cover for all routine vaccines, but may not cover for travel specific vaccines such as Typhoid and Yellow Fever. The prices listed below are our self-pay prices. We do bill insurance at a higher price and if you choose to bill your insurance company and they respond stating that the vaccines are not a covered benefit, you will be eligible for the self-pay price. *Prices **may** change slightly by February, in which case we will notify you of the updated prices*

We recommend contacting your insurance to verify that our physicians are in network. If only one or two of our physicians are in network, please let our scheduler know so we can assign you the appropriate physician.

1. Theresa Sofarelli NPI# 1972693505
2. Daniel Leung NPI # 1104936731
3. Jakrapun Pupaibool NPI# 1366690844

UUHC VACCINE	CPT CODE	PRICE
HEPATITIS A VACCINE (ADULT, 2 DOSE)	90632	\$67.90 ea
HEPATITIS A VACCINE (PEDIATRIC, 2 DOSE)	90633	\$55.30 ea
HEP A/HEP B VACCINE (TWINRIX, 3 DOSE)	90636	\$92.40 ea
HEPATITIS B VACCINE (ADULT, 3 DOSE)	90746	\$168.70 ea
HEPATITS B VACCINE (PEDIATRIC, 3 DOSE)	90744	\$39.90 ea
TYPHOID VACCINE ORAL (4 CAPSULS)	90690	\$45.50
TYPHOID VACCINE (INJECTION)	90691	\$170.80
YELLOW FEVER VACCINE	90717	\$174.30
JAPANESE ENCEPHALITIS VACCINE (2 DOSE)	90738	\$352.00 ea
MMR VACCINE (MEASLES-MUMPS-RUBELLA)	90707	\$135.10
POLIOVIRUS VACCINE	90713	\$67.90
PNEUMOCOCCAL POLYSACCHARIDE VACCINE (PNEUMONIA)	90732	\$159.60
MENINGOCOCCAL VACCINE (MENENGITIS)	90734	\$197.40
INFLUENZA	90662	\$31.50
TDAP (TETANUS-DIPHTHERIA-PERTUSSIS)	90715	\$81.20
RABIES (3 DOSE)	90675	\$378.00 ea